

Performance Improvement One-on-One

When the client wants to focus on accelerating or improving their personal performance in areas such as time management, project management, leadership, decision-making, or stress management, the coaching consultation would include the following:

Completion of communication and personality assessments is usually recommended with this package resulting in development of performance change goals.

Topics could include, but not be limited to the following:

- Enhanced time management.
- Improving supervision skills.
- Giving presentations.
- Becoming well-spoken, politically correct and savvy.
- Gaining self-awareness and confidence.
- Strategies for organizing work tasks and projects.
- Strategies for dealing with difficult people.
- Strategies for working more effectively with different age groups or the opposite sex.